IMPORTANT INFORMATION 關於滴耳藥水

- ❖ Please follow the storage instruction on the drug label. 請按照藥物標籤上的貯存方法。
- Discard all medications that are expired or no longer required.

請棄掉過期或完成療程後剩餘的藥物。

- Do not share your ear drops with other people to avoid transmission of bacteria and delay in treatment.
 - 切勿與他人共用藥物,以避免細菌傳播和延誤治療。
- If the drops are a cloudy suspension, shake the bottle well for 10 seconds before use.

如滴耳藥水為懸浮劑,使用時先搖晃瓶子約10秒鐘。



For enquiries, please call 如欲查詢,請致電:

Matilda International Hospital – Pharmacy Department 明德國際醫院 — 藥劑部

41 Mount Kellett Road, The Peak, Hong Kong 山頂加列山道41號

t 2849 1531 phar@matilda.org

matilda.org

How to Use Ear Drops 如何使用 **滴耳藥水**





To administer a dose 使用方法:

- Wash your hands thoroughly with soap and water.先用肥皂及清水清潔雙手。
- ② Gently clean your ear flaps if necessary with a damp facecloth and then dry your ear.

如有需要,可用濕布清潔及抹乾耳朵。

3 Tilt your head or lie down on one side with the affected ear facing upward.

將頭部傾側或身體側臥,受感染的耳朵向上。

4 For adults and children aged 3 years or above, pull the ear slightly backward and upward to straighten the ear canal

如用於成人和三歲或以上的小童,將耳朵向後及向上拉,以便藥水流入耳道。



For children aged younger than 3 years, pull the ear slightly backward and downward to straighten the ear canal.

如用於三歲以下小童,將耳朵向後及向下拉,以便藥 水流入耳道。



5 Instill the prescribed number of drops into the affected ear(s). Avoid touching the tip of bottle or dropper to keep it clean.

請按照醫生指示的劑量,將滴耳藥水滴入耳內。避免將滴咀接觸耳朵,以保持滴咀清潔。

6 Gently press on the small skin flap over the ear to help the drops to run into the ear canal.

滴藥後,輕輕按壓耳屏,以便藥水流入耳道。



Keep the head tilted sideways for about 2 minutes to prevent the ear drops from running out of the ear.

保持頭部傾側約2分鐘,以防止藥水從耳朵流出。

8 Do not wash the tip of the dropper. Replace and tighten the cap or dropper after use.

不用清洗滴明,用後將滴耳藥水蓋好。